

Parental Mental Health Training.

Greater Manchester Mental Health will be offering further dates for their Parental Mental Health course.

This free, 3-hour, online course will be offered over MS Teams. It is aimed at non mental health practitioners, and will look to explore:

- Common mental health problems and their most common symptoms
- The impact of parental mental health on children
- Young carers
- Ways of talking to families and parents who may be experiencing difficulties.

To book on please follow the links below and pick the time and date you would prefer.

[Book on Parental Mental Health Training 20th Nov. 2020 - 09:30-12:30](#)

[Book on Parental Mental Health Training 02nd Dec. 2020 - 13:30-16:30](#)

[Book on Parental Mental Health Training 13th Jan. 2021 - 09:30-12:30](#)

[Book on Parental Mental Health Training 04th Mar. 2021 - 13:20-16:30](#)

There will be a link to an 'online training room' on the ticket, please follow this on the day and it will take you to a link for the MS teams call.

Please ensure you have checked you can attend a date prior to booking as there will be no waiting list kept.

If you have any queries* please email kerrie.ashton@gmmh.nhs.uk

*Please do not email to request a place- please follow booking links provided.

Thanks

